



## Edinburgh Athletic Club Code of Conduct

### ‘Athletes’ (Aged 16 years or above)

1. Be organised and on time for training sessions and competitions, ensure you have all necessary equipment i.e. clothing, food and drink
2. Treat others with respect and fairness and do not disrupt training sessions with bad behaviour
3. Inform your Coach if you are unwell or injured
4. Inform your Coach if you are receiving other coaching
5. Notify a responsible adult if you have to go somewhere and when you will return
6. Do not respond if someone seeks private information unrelated to Athletics, and tell your Coach/Parent/Carer/ or Welfare Officer immediately
7. Never accept lifts in cars or invitations to homes without the prior knowledge and consent of your Parent/Carer
8. Always use safe transport and travel arrangements
9. Avoid destructive behaviour and leave Athletic venues as you find them
10. Never behave in an illegal or irresponsible way
11. Speak out immediately if anything or one makes you concerned or uncomfortable, or if you suspect a club mate has suffered misconduct from someone else.
12. Thank those who help you in Athletics
13. All Athletes will observe and adhere to Scottish Athletics/UK Athletics Welfare Policy
14. All Athletes must be members of the Club and sign to acknowledge their acceptance of this Policy

**I have read, understand and agree to abide by the above Code of Conduct.**

Name----- Signature -----Date-----