



EAC COACHES
(at Meadowbank unless otherwise stated)

Bill Walker Senior Coach
Coaches at Meadowbank most evenings 6.00-8.00pm
Sprints and Middle Distance
(Males and Females U17 and Seniors)

Young Athletes			
Co-ordinators 9yrs – 13yrs	Gail Wilson / Yvonne Jones		
Anne Bell	9 yrs - 13yrs	Tues/Thurs	6:30 - 8:30pm
Derek Cogle	9 yrs - 13yrs	Tues	7:00 - 8:30pm
Eric Fisher	9yrs - 13 yrs	Tues	6:00 - 7:00pm
Lindy McGinty	9yrs - 13 yrs	Tues/Thurs	7:00 - 8:30pm
Ishbel McKay	13+	Tues - Thurs	7:00 - 8:30pm
Sed Remally	9yrs - 13yrs	Mon/Fri	

Sprints	100m - 400m		
Lead Coach	Bill Walker		
Tom Beatie	15+		
Lorna Fleming	13yrs - 15yrs	Tues/Thurs	6:30 - 7:45pm
Mike Forrest			
Bob Moxey	15+	Tues/Thurs	7:00 - 8:30pm
Keith Ridley	14+	Tues-Thurs/(Sat-Sun)	6:30-8:30 / (11:00-12:30)
Anne Scott	15+	Tues-Thurs/(Sat-Sun)	6:30-8:00 / (10:30-12:00)
Malcolm Tupman	13+	Tues-Thurs / (Sat)	6:00-7:30 / (10:00)
Bill Walker	All	Mon-Thurs / (Sat-Sun)	6:30-8:00 / (11:00-12:30)
Gary Wilson	17+	Tues-Thurs / (Sun)	7:00-8:30 / (11:00-12:30)
Brian Winning	15+	Mon-Tue-Thurs [Fri]/(Sat)	7:00-9:00 [6:00-7:30]/(12:00-2:00)

Relays	Bill Walker
Lead Coaches	Male: Bob Moxey - Keith Ridley

Hurdles	Sprint and Long Hurdles
Lead Coach	Pat Sinclair

Mike Forrest			
Moira Maguire	13+	Tues	6:30 -7:30pm
Ishbel McKay	13+	Tues - Thurs	7:00 - 8:30pm
Celia Peerless	13+	Tues - Thurs	6:30- 8:00pm
Bert Reid	17+(male)	Mon - Thurs	6:00 - 7:30pm
Pat Sinclair	13+	Tues	6:30 -7:30pm
John Scott	15+	Tues-Wed- Thurs/(Sun)	6:00-8:00/ (10:30-12:30)
Bill Walker	13+	Tues	6:30 - 7:30pm
Brian Winning		Tues-Wed- Thurs/ (Sun)	6:00-8:00/ (10:30-12:30)

Middle Distance	800m - 1500m		
Lead Coach	Enid Johnstone		
Dave Campbell	17+	Tue-Thurs/ (Sat-Sun)	6:00-8:00/ (10:00-12:00)
Christine Dunnet	13+	Tues - Thurs	7:00 - 8:30pm
Eric Fisher	11-20yrs	Tues/Thurs	7:00 - 8:30pm
Enid Johnstone	13+	Tues-Thurs/ [Wed] / (Sun)	7:00-8:30/ [4:30-6:15] / (10:00-12:30)
Jim Kennedy	15+	Tues - Thurs / (Sat)	6:30-7:30 / (10:30-12:00)
John Lees	15+	Tues-Thurs / (Sun)	7:00-8:30 / (10:30-12:00)
George Mann	11-20yrs	Tues - Thurs	7:00 - 8:30pm
Bill Walker	13+	Tues-Thurs / (Sat-Sun)	6:30-8:00 / (11:00-12:30)

Endurance	3Km/5Km, X-Country, Road Running, S/Chase		
Lead Coaches	Alex McEwan		
	Eric Fisher: All 17 and Under Boys		
	Enid Johnstone: All 17 and Under Girls		
Dave Campbell	17+	Tue-Thurs/ (Sat-Sun)	6:00-8:00/ (10:00-12:00)
Eric Fisher	11-20yrs	Tues/Thurs	7:00 - 8:30pm
Enid Johnstone	13+	Tues-Thurs/ [Wed] / (Sun)	7:00-8:30/ [4:30-6:15] / (10:00-12:30)
John Lees	15+	Tues-Thurs / (Sun)	7:00-8:30 / (10:30-12:00)
Alex McEwan	19+	Tues(Meadowbank) Wed(Meadows) Thurs(Meadows) Sat(Meadows)	7:00 - 8:30pm 6:00-7:30pm 7:00-8:30pm 10:00-11:30am
Garry Robertson	19+	Thurs(Meadows) Sun(Craiglockhart)	7:00-8:30pm 9:00-11.00am

Jumps	Long / Triple / High/ Pole Vault		
Lead Coach	Moira Maguire mmaguire3@blueyonder.co.uk		
Anne Bell	13+	Tues/Thurs	6:30 - 8:30pm
Derek Cogle		Tues	7:00 - 8:30pm
Lorna Fleming	13+	Tues/Thurs	6:30 - 7:45pm
Kevin Maguire	15+	Thurs	7:00 - 8:30pm
Moira Maguire	13+	Tues	6:30 - 7:30pm
Bob Moxey	13+	Fri	1:30 - 2:30pm
Celia Peerless	13+	Tues/Thurs	7:00 - 8:00pm
John Scott	15+	Tues-Wed- Thurs/(Sun)	6:00-8:00/ (10:30-12:30)
Gary Wilson	17+	Tues-Thurs / (Sun)	7:00-8:30 / (11:00-12:30)

Throws	Shot/Discus/Javelin/Hammer		
Lead Coach			
Douglas Cameron	13+	Mon - Thurs	7:00 - 8:30pm
Charlie Murray	13+	Mon	7:00 - 8:00pm
June Valente	13+	Mon - Thurs	7:00 - 8:30pm

Multi-Events	Pentathlon / Heptathlon / Decathlon		
Lead Coaches	Celia Peerless: Under 17 years John Scott: 17+		
Celia Peerless	13+	Tues - Thurs	6:30 - 8:00pm
John Scott	15+	Tues-Wed- Thurs/(Sun)	6:00-8:00/ (10:30-12:30)